

# MIDDLETON CARDINALS



## 2012 CARDINAL SUMMER BASKETBALL CAMPS

### WEEK #1: BEGINNING MONDAY JUNE 11<sup>th</sup>

#### 1. CARDINAL SKILL DEVELOPMENT: SHOOTING & PERIMETER SKILLS CAMP - \$75.

Mon-Tue-Wed-Thu. June 11-14

*BOYS and GIRLS entering GRADES 7-8-9 next year. 9:00 – 11:00 AM  
1<sup>st</sup> Hour Daily – Perimeter Skills; 2<sup>nd</sup> Hour Daily – Shooting Skills*

- Includes Camp T-Shirt

#### 2. CARDINAL TEAM CAMP - BOYS - \$75. Mon-Tue-Wed only.

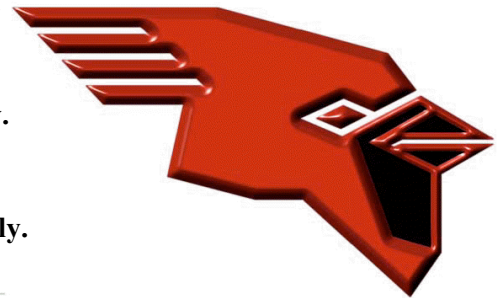
*BOYS in GRADES 10-11-12 next year. Noon – 2 pm*

- Includes Camp Dry-Fit T-Shirt and Shorts

#### 3. CARDINAL TEAM CAMP - GIRLS - \$75. Mon-Tue-Wed only.

*GIRLS in GRADES 10-11-12 next year. Noon – 2 pm*

- Includes Camp Dry-Fit T-Shirt and Shorts



### WEEK #2: BEGINNING MONDAY JUNE 18<sup>th</sup>

#### 4 & 5. CARDINAL YOUTH SKILLS & GAMES CAMP - \$75. Mon-Tue-Wed-Thu.

*BOYS and GIRLS entering GRADES 4-5-6 next year. BOYS: 12 Noon – 2:00 PM. GIRLS: 2:30 PM – 4:30 PM*

- Includes Camp T-Shirt and Camp Basketball

#### ◆ CARDINAL 'SHOOTING SCHOOL' – 4 WEEKS. \$95. Mon-Tue-Wed-Thu.

**Monday June 18<sup>th</sup> through Thursday July 12<sup>th</sup>.** 15 total workouts! (No workout Wed. July 4<sup>th</sup>)

*BOYS and GIRLS entering GRADES 7-8-9 next year. 8:15 AM – 9:00 AM.*

- Camp T-shirt; 45 Full Minutes of shooting drills using the Cardinals 'Around the World' shooting system.

#### ◆ CARDINAL 'DRILL FOR SKILL' WORKOUTS – 4 WEEKS. \$95. Mon-Tue-Wed-Thu.

**Monday June 18<sup>th</sup> through Thursday July 12<sup>th</sup>.** 15 total workouts! (No workout Wed. July 4<sup>th</sup>)

*BOYS and GIRLS entering GRADES 10-12 next year. 9:15 AM – 10:00 AM or 10:15 AM – 11:00 AM.*

- Camp T-Shirt; 45 Full Minutes of Shooting, Ball Handling, Attacking, and Post Drills!

**NOTE: 'DRILLS' WORKOUTS ARE DESIGNED TO BE COMPETITIVE AND DEMANDING - PARTICIPANTS WILL RUN & SWEAT!**

### WEEK #3: BEGINNING MONDAY JUNE 25<sup>th</sup>

#### 6. FUTURE CARDINALS CAMP - \$50. Mon-Tue-Wed.

*CO-ED CAMP: BOYS and GIRLS entering GRADES 1-2-3 next year. 1:00 PM – 2:30 PM.*

- Includes Camp T-Shirt and Camp Basketball

- ◆ **Camp Directors:** Kevin Bavery – Boys Varsity Coach – Middleton HS; Jeff Kind – Girls Varsity Coach – Middleton HS;
    - ◆ **Camp Instructors:** Middleton High School Basketball Coaches, Area Coaches, Current and Former Players
- ALL CAMPS WILL BE IN THE MIDDLETON HIGH SCHOOL VARSITY GYM and/or FIELD HOUSE.**

# Cardinal Basketball Camps Summer 2012: Keep top portion for future reference!

Mon 6/11 – Thu 6/14: **CARDINAL SHOOTING & PERIMETER SKILLS CAMP @ MHS** from 9:00 – 11:00 AM.

Mon 6/11 – Wed 6/13: **BOYS TEAM CAMP @ MHS** from 12 NOON – 2:00 PM.

Mon 6/11 – Wed 6/13: **GIRLS TEAM CAMP @ MHS** from 12 NOON – 2:00 PM.

Mon 6/18 – Thu 6/21: **BOYS YOUTH SKILLS & GAMES CAMP @ MHS** from 12:00 Noon – 2:00 PM.

Mon 6/18 – Thu 6/21: **GIRLS YOUTH SKILLS & GAMES CAMP @ MHS** from 2:30 PM – 4:30 PM.

Mon 6/18 – Thu 7/12: **CARDINAL SHOOTING SCHOOL @ MHS** from 8:15-9:00 AM.

Mon 6/18 – Thu 7/12: **CARDINAL DRILLS & SHOOTING WORKOUTS @ MHS** from 9:15-10:00 AM or 10:15-11:10 AM.

Mon 6/25 – Wed 6/27: **CO-ED FUTURE CARDINALS CAMP @MHS** from 1:00 PM – 2:30 PM.

❖ **QUESTIONS?** Camp Directors: email Kevin Bavery - [kbavery@mcpasd.k12.wi.us](mailto:kbavery@mcpasd.k12.wi.us) or Jeff Kind - [jkind@mcpasd.k12.wi.us](mailto:jkind@mcpasd.k12.wi.us)

✂ **Clip & return the bottom portion of this sheet with check payable to MIDDLETON HIGH SCHOOL.**

## CARDINAL BASKETBALL CAMP PARTICIPANT INFORMATION / REGISTRATION

Name \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Zip Code \_\_\_\_\_ \*Grade (2012-13) \_\_\_\_\_ \* Next year's grade!

### BASKETBALL CAMPS:

\_\_\_\_\_ SHOOTING & PERIMETER SKILLS CAMP - \$75 \_\_\_\_\_ CO-ED FUTURE CARDINALS CAMP - \$50

\_\_\_\_\_ BOYS YOUTH CAMP - \$75 \_\_\_\_\_ GIRLS YOUTH CAMP - \$75

\_\_\_\_\_ BOYS TEAM CAMP - \$75 \_\_\_\_\_ GIRLS TEAM CAMP - \$75

\_\_\_\_\_ 'SHOOTING SCHOOL': 8:15 AM – 9:00 AM - \$115

\_\_\_\_\_ 'DRILL FOR SKILL' WORKOUTS SESSION #1: 9:15 AM – AM - \$95

\_\_\_\_\_ 'DRILL FOR SKILL' WORKOUTS SESSION #2: 10:30 AM – 11:30 AM - \$95



❖ \_\_\_\_\_ SHOOTING & PERIMETER CAMP *and* "SHOOTING SCHOOL' COMBO - \$150 (save \$30)

❖ \_\_\_\_\_ GIRLS or BOYS TEAM CAMP *and* 'DRILL FOR SKILL' WORKOUTS COMBO - \$125 (save \$45)

\_\_\_\_\_ SESSION #1: 9:15 – 10:00 AM \_\_\_\_\_ SESSION #2: 10:15 – 11:00 AM

❖ *After your family's first camp at listed price, subtract \$25 per camp for each additional camp attended by another family member.*

Check # \_\_\_\_\_ Total Enclosed \_\_\_\_\_ Check payable to: **MIDDLETON HIGH SCHOOL**

T-Shirt Size (circle). Youth sizes: S M L Adult sizes: S M L XL XXL

Shorts Size (BOYS & GIRLS TEAM CAMP Only). Adult sizes: S M L XL XXL

**CONTACT INFORMATION:** Mom's Name - \_\_\_\_\_ Dad's Name - \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Cell Phones 1. \_\_\_\_\_ 2. \_\_\_\_\_

Emergency contact(s) and Phone \_\_\_\_\_

E-Mail Addresses: 1. \_\_\_\_\_ / 2. \_\_\_\_\_

Clinic and Phone \_\_\_\_\_

*I certify that my child is physically able to participate in all basketball camp activities:*

YES \_\_\_\_\_ NO \_\_\_\_\_ Please explain a **NO** response and list any limitations coaches should be aware of (inhaler needed; brace that should be worn; etc.).

### **Limitations:**

I grant permission for my son / daughter to participate in the 2012 "Cardinal Summer Basketball Camps". I grant permission to camp directors, coaches, and instructors to act for me according to their best judgment in any emergency requiring medical attention. I waive and release the camp, directors, coaches, instructors, and the Middleton School District from any and all liability for any injuries incurred while at camp. I acknowledge that my child has had a doctor's physical examination within 2 years of the chosen camp dates indicating that they are able to fully participate in a physically active basketball camp with the above listed limitations. I am also responsible for transportation to and from camps and understand that my child may not be supervised after dismissal from camp each day, including while waiting for transportation.

Parent or Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

❖ Send completed registration form and check payable to **MIDDLETON HIGH SCHOOL** to:

**KEVIN BAVERY – CARDINAL BASKETBALL CAMPS**  
**MIDDLETON HIGH SCHOOL 2100 BRISTOL STREET MIDDLETON WI 53562**